

Sandwiches

Grilled Cheese cheddar on sourdough.	3.00
Grilled Ham & Cheese ham & cheddar on sourdough.	4.00
Tuna Melt tuna, lettuce, tomato, cheddar & mayo on sourdough.	4.00
Turkey Melt turkey, lettuce, tomato, cheddar & mayo on sourdough.	4.00
Turkey Pesto turkey, lettuce, tomato & pesto mayo on wheat.	4.00
Turkey Mayo turkey, lettuce, tomato & mayo on wheat.	4.00
Chicken oven roasted chicken breast, lettuce, tomato & mayo on french roll.	4.50
Ham & Cheese ham, cheese, lettuce, tomato, mayo & honey mustard on sourdough.	4.00
Club ham, turkey, bacon, lettuce, tomato & mayo on sourdough.	4.50
Veggie cucumbers, lettuce, tomato, pepper jack cheese & pesto mayo on wheat.	4.50
Classic BLT bacon, lettuce, tomato & mayo on sourdough.	4.25

Smoothies

California Favorite strawberries, bananas, milk & vanilla.	3.75
Blue Sky blueberries, strawberries, bananas, nonfat yogurt & vanilla.	3.75
Bananarama bananas, orange juice & vanilla.	3.25
Pineapple Lovers bananas, pineapple juice, nonfat yogurt & vanilla.	3.50
Berry Pleasure blueberries, bananas, apple juice & vanilla.	3.50
Orange Splash strawberries & bananas, orange & pineapple juice, nonfat yogurt, & vanilla.	3.75
Peach Delight peaches, bananas, orange juice, nonfat yogurt, & vanilla.	3.75
Soy Berry Classic blueberries or strawberries, bananas, soy milk & vanilla.	3.75
Tropical Escape strawberries, bananas, pineapple juice, coconut juice, & vanilla.	3.95
Unforgettable strawberries, bananas, apple juice, nonfat yogurt & vanilla.	3.75
Coconut Splash strawberries, bananas, coconut, orange & pineapple juice.	3.95
Power Up banana, 2 shots of espresso with milk, nonfat yogurt, cinnamon, protein & vanilla.	3.95
Peanut Butter Delight bananas, soy milk, peanut butter, nonfat yogurt & vanilla.	3.95

TJ's Indigo CAFÉ

619·297·9700
EXT. 1860

Healthy • Fresh • To Go

Coffee &
Espresso

	12oz	16oz
Café Latte	2.25	2.75
Cappuccino	2.25	2.75
Café Mocha	2.50	3.00
Mexican Mocha	2.75	3.25
White Mocha	2.75	3.25
Milky Way	2.75	3.25
Chai Vanilla	2.75	3.25
Chai Spiced	2.75	3.00
Espresso	1.40	1.80
Café Americano	1.40	1.80
Hot Chocolate	2.00	2.25
Mexican Hot Chocolate	2.25	2.50

GIFT CARDS AVAILABLE

Breakfast

Breakfast Burrito	3.50
scrambled eggs, ham, tomato & cheese.	
Carne Asada Breakfast Burrito	4.25
scrambled eggs, carne asada, tomato & cheese.	
Breakfast Bagel	3.50
scrambled eggs, tomato, cheese & choice of meat.	
Croissant Breakfast Sandwich	4.00
scrambled eggs, tomato, cheese & choice of meat.	
Classic BLT	4.25
bacon, lettuce & tomato on sourdough.	
House Special	3.50
scrambled eggs, bacon & toast.	
Full Breakfast	4.50
scrambled eggs, choice of meat, home style potatoes & toast.	
Breakfast Quesadilla	4.25
scrambled eggs, cheese, tomato & bacon served with salsa.	
Carne Asada Breakfast Quesadilla	4.95
scrambled eggs, cheese, tomato & carne asada served with salsa.	
Homestyle Potatoes Side	1.50
Bacon Side (2slices) .75 (4slices)	1.50
Sausage Side (2 patties)	1.50
Assorted Muffins/Danish	1.50
Oatmeal	1.50
Fresh Fruit	2.95
Yogurt Parfait	3.95
Toast	1.50
Cereal Box	.95
Cinnamon Roll	1.75
Assorted Bagels	1.00
Bagel with Cream Cheese	1.50

Wraps

All Wraps Served
w/Mini Caesar Salad
w/Pasta Salad add .50¢

California	6.00
marinated chicken breast, pepper jack cheese, guacamole, lettuce, tomato & ranch dressing wrapped in a warm cilantro-jalapeño tortilla.	
Smoked Turkey	6.00
smoked turkey, lettuce, sun-dried tomato, pesto mayo & ranch dressing wrapped in a warm sun-dried tomato tortilla.	
Chicken Caesar	6.00
marinated chicken breast, parmesan, lettuce, tomato & caesar dressing wrapped in a warm sun-dried tomato tortilla.	
Carne Asada	6.00
carne asada, cheddar cheese, guacamole, lettuce, tomato & ranch dressing wrapped in a warm cilantro-jalapeño tortilla.	
Santa Fe	6.00
marinated chicken breast, bell peppers, onions, lettuce, tomato, chipotle sourcream & ranch dressing wrapped in a warm cilantro-jalapeño tortilla.	
Chicken & Brie	6.00
marinated chicken breast, brie, roasted cherry tomato salsa, fresh spinach, dijon mayo & ranch dressing wrapped in a warm sun-dried tomato tortilla.	
Club	6.00
smoked turkey, ham, bacon, lettuce, tomato, mayo & ranch dressing wrapped in a warm cilantro-jalapeño tortilla.	
Roasted Vegetable	6.00
roasted vegetables with goat cheese, fresh spinach, sun-dried tomato & ranch dressing wrapped in a warm whole wheat tortilla.	
Cheese Quesadilla	3.50
pepper jack & cheddar cheese with tomato & cilantro served with salsa.	
Oven Roasted Chicken Quesadilla	5.00
pepper jack & cheddar cheese with chicken breast, tomato & cilantro served with salsa.	
Roasted Vegetable Quesadilla	5.00
pepper jack & cheddar cheese with roasted vegetables served with salsa.	

Salads & Soups

Add Chicken to
Salad \$2.00

House Salad	4.00
mixed field greens, tomato, gorgonzola & candied walnuts served with balsamic-herb vinaigrette.	
Tiffany's Salad	4.00
mixed field greens with feta cheese, cranberries, golden raisins & toasted almonds served with sesame vinaigrette.	
Spinach Salad	4.00
spinach, cabbage, bell peppers, red onions, cucumber, carrots, tomato, & hard boiled egg served with sesame vinaigrette.	
Caesar Salad	4.00
romaine lettuce, croutons & parmesan cheese served with caesar dressing.	
Garden Salad	4.00
romaine lettuce, bell peppers, red onions, cabbage, carrots, tomato, & cucumber served with sesame vinaigrette.	
Oriental Salad	4.00
romaine lettuce, cucumber, carrots, & toasted almonds served with spicy noodles & Thai peanut dressing.	
Chilled Cheese Tortellini Pasta Salad	
	small 2.00 large 2.75
Chilled Mediterranean Pasta Salad	
	small 2.00 large 2.75
Soup & Half Sandwich	5.00
small soup and half sandwich of your choice.	
Half Salad & Half Sandwich	5.00
choose from any sandwich and salad.	
Soup & Half Salad	5.00
small soup and half salad of your choice.	
Vegetarian Black Bean Soup	
	8oz 1.95 12oz 2.50 16oz 3.50
Spicy Chicken Tortilla Soup	
	8oz 1.95 12oz 2.50 16oz 3.50
Soup De Jour	
	8oz 1.95 12oz 2.50 16oz 3.50